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**Abstract: Research, what's up (Working group)?**

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**Beyond labeling: Dialogical based interventions for young people in different settings – implementation and research (Young Dialogue)**

The overarching aim is to investigate how Open network dialogues (OD) can be better adapted to young people, at different stages and in different settings; like traditional mental health services, schools, labour- and welfare sector, health- and social work, community work, Green care services, Soteria houses and other enterprises. We will examine both implementation processes, and outcome.

Data from OECD<sup>1</sup> indicates that young people not completing vocational training or qualifying for further studies during a five year period amount to 30 %. This shows psychosocial problems at a large scale. Also drug abuse, alcohol and mental health problems in general give cause for great concern. Regarding legal treatment measures, antidepressant use in Children and adolescents rise concerns all over Europe<sup>2</sup>. Between 2005 and 2012 the use in five western countries increased between 17 and 60 percent.

In the Young Dialogue (YD) project, we will pay attention to the fact that what is perceived as illness in one professional context may be seen as normal developmental problems in another context. Suffering may be relieved through understanding, care and simple psychosocial interventions, marked by continuity and a recovery focus. We aim to establish and investigate programmes that both include well known health promoting qualities, and also possess qualities that may go beyond this, and provide robust knowledge about resilience factors. Important questions deal with solutions to challenging situations without stigmatizing or defining problematic or “at risk” groups, and also to challenge the label “mental illness”. Further, the approach will challenge expert roles and professional hierarchies. User involvement will be prominent during all project stages. A focus on peers’ involvement in educational settings will be also developed.

The different parts of the project will keep to the key elements and fidelity criteria as presented in different publications<sup>3</sup>. Both implementation processes and outcome will be investigated. The investigations will include literature reviews, theory development, open dialogues in different settings, validation of training programmes and transferability.

Different qualitative and quantitative methods will be used to study implementation of the interventions, as well as subjective experiences from the programs and their relations to outcomes

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<sup>1</sup> OECD 2012 Education at a Glance. In *Highlights*; OECD Publishing: Paris, France

<sup>2</sup> Bachmann, CJ, Aagaard, L., Mehmet, B. (2016): Trends and patterns of antidepressant use in children and adolescents from five western countries. *European Neuropsychopharmacology*, 26, 411-419

<sup>3</sup> See for example Olson, Seikkula & Zedonis (2014) The key elements of dialogic practice in open dialogue – fidelity criteria. <http://umassmed.edu/psychiatry/globalinitiatives/opendialogue/>

and QoL,